



Introduction to Occupational Health

This comprehensive **80-hour training programme** provides a solid foundation in the **principles, functions, and practical operations of Occupational Health** within the workplace. The course equips participants with the essential knowledge required to understand how occupational health services operate, and how health, safety, and wellbeing are managed in an occupational setting.

On achieving competence, learners will be able to do the following *(within their scope of practice)*:

- Understand ethical principles, professional roles, and responsibilities within occupational health practice
- Apply basic occupational health and safety systems and workplace safety protocols
- Understand key concepts in biological monitoring and occupational toxicology
- Support the development and implementation of medical surveillance programmes
- Contribute to employee health management, emergency preparedness, and disaster planning in the workplace

Duration: 80 hours in total
EFHA CPD No: SAMA
MDB015/MPDP/071
Course CPD No: On request prior to training
CPD (CEUs): On request prior to training

Who should attend

- Individuals currently working in occupational health settings
- Healthcare or administrative staff supporting occupational health services
- Individuals aspiring to enter the occupational health field
(No prior occupational health qualification required.)

Available as:



Online



In Person for Groups



R 8,490.00 Excl VAT

R 9,763.50 Incl VAT

2026

064 047 3331

support@educationforhealth.africa

www.educationforhealth.africa



**EDUCATION
FOR
HEALTH
AFRICA**

Why train with Education for Health Africa (EFHA)?

EFHA delivers evidence-based, standards-aligned occupational health training across Africa. Our programmes are designed to support safe, ethical, and effective occupational health practice in diverse workplace settings.