

Introduction to Occupational Health

(Entry-Level Short Course)



Course Overview

This 80-hour training course provides participants with foundational knowledge of Occupational Health in the workplace. It is designed for individuals who wish to gain an introduction to the field or refresh their understanding of core concepts.

⚠ Important Notice

This course is not a South African Nursing Council (SANC)-registrable Occupational Health Nursing Practitioner (OHNP) qualification. Completion of this course does not qualify participants to operate as an OHNP or to establish/manage an Occupational Health clinic.

Intended Audience

- ✓ Individuals working in or aspiring to work in Occupational Health in a non-clinical capacity.
- ✓ Managers, supervisors, or risk managers seeking to understand Occupational Health service requirements.
- ✓ Healthcare professionals seeking a refresher on Occupational Health principles.

Key Learning Areas

On completion, attendees will have an understanding of:

- ✓ Ethical considerations and professional roles in Occupational Health.
- ✓ Occupational Health and Safety systems and compliance requirements.
- ✓ Basics of biological monitoring and toxicology for workplace risk management.
- ✓ Developing a medical surveillance year plan in line with legislative requirements.
- ✓ Health promotion, mental health support, absenteeism management, and Employee Assistance Programmes (EAPs).
- ✓ Record-keeping, reporting, and communication in an Occupational Health context.

Certification

- ✓ Participants will receive a Certificate of Attendance upon completion. This certificate confirms participation in an entry-level course only.

Entry Requirements:

This workshop is open to anyone currently working or aspiring to work in Occupational Health.

AVAILABLE AS:

Live Online

Group Bookings

In Person



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